



Watch for these local foods in your school cafeteria!

SEPTEMBER

Tomatoes, cucumbers, apples, bell peppers, cantaloupe and watermelon

OCTOBER

Carrots, apples, spinach, lettuces, potatoes and cabbage

NOVEMBER

Apples, sweet potatoes, winter squash, cabbage, carrots, potatoes and spinach

DECEMBER

Carrots, sweet potatoes, winter squash, potatoes and cranberries

January

Potatoes, sweet potatoes, winter squash and cranberries

FEBRUARY

Potatoes, sweet potatoes and cranberries

March

Potatoes and cranberries

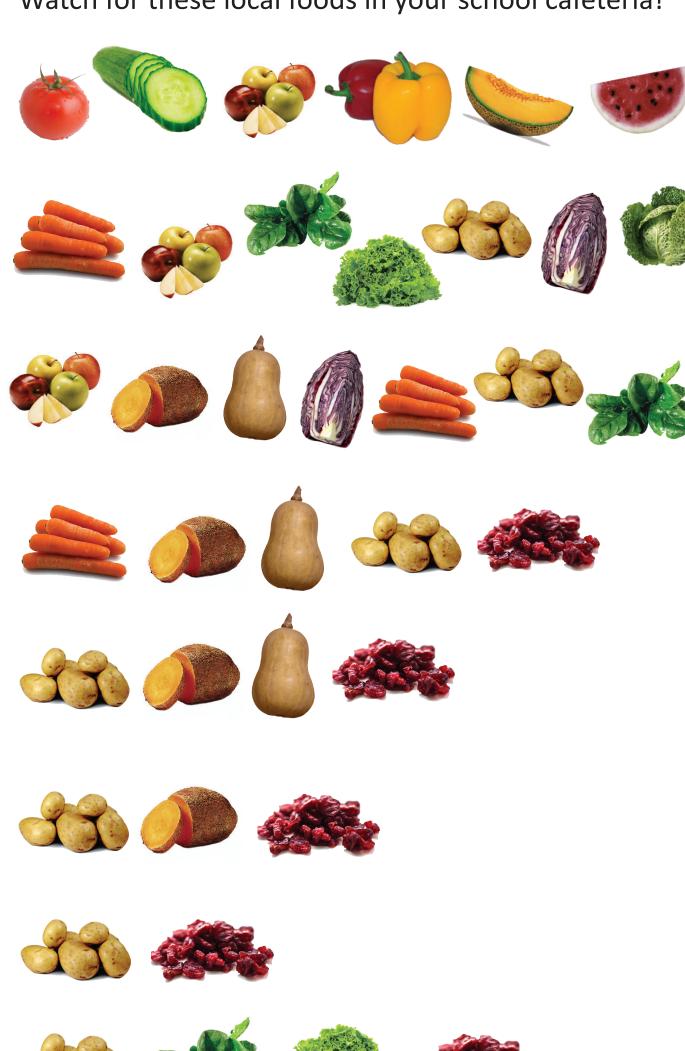
april

Potatoes, spinach, lettuces and cranberries

May Spinach lett

Spinach, lettuces, snow peas and cranberries

all year



Watch for harvest muffins with locally grown carrots and zucchini, PLUS locally produced hot dogs from Wenzel's!