



Great Apple Crunch

Each October in celebration of National Farm to School Month, the **Great Apple Crunch** encourages schools to purchase and enjoy local apples. But, it's not just schools, everyone is invited to buy apples and celebrate! Across Wisconsin, students, farmers, families, teachers, and everyone who supports Wisconsin Farm to School will celebrate by eating a locally grown apple in the Great Apple Crunch.

Support Your Local Orchard and Wisconsin Farm to School!

Show your support by "Crunching" with your community on October!
Register at healthyliving.extension.wisc.edu/events/apple-crunch/



Apple Crunch Grows Strong Communities!

Farm to School Programs...



Teach young eaters about agriculture, food systems, nutrition, and environmental science



Increase consumption of fruits and vegetables, especially among those with the lowest intake



Grow relationships with local farmers



Promote long-term local food purchasing

For more information and peer-reviewed resources, please see:
["The Benefits of Farm to School" from the National Farm to School Network](#)

Learn more about the Crunch by visiting the Crunch website or following on Facebook:

healthyliving.extension.wisc.edu/events/apple-crunch/



[@GreatLakesGreatAppleCrunch](https://www.facebook.com/GreatLakesGreatAppleCrunch)